



NATIONAL PUBLIC SCHOOL, KENGERI, BENGALURU

REPORT ON INTER-SCHOOL COMPETITION

1ST OPEN NATIONAL YOGASANA CHAMPIONSHIP' 22

“Yoga is a mirror to look at ourselves from within” -B K S Iyengar.

The students of National Public School, Kengeri, Bengaluru participated in, **1ST OPEN NATIONAL YOGASANA CHAMPIONSHIP' 22** organized by Avinash Yoga and Aerobics institute, Bengaluru, in association with Jamuna Ravi Foundation, Acharya Yoga Youth Club and Dheergayu Institute of Yoga Bengaluru on 6th November 2022 at Dr. Rajkumar Glass House, Corporation Circle, Bengaluru.

Many participants, representing different states participated in the mega event. Our school students participated enthusiastically in various categories. It was a great opportunity to exhibit their talent. Our students won in various categories and upheld the motto of our school, **Reach High, Reach Out, Reach Beyond.**

We are elated to share the list of winners who have made us proud by bringing laurels to our school.

<i>Sl. No.</i>	<i>Categories (age group)</i>	<i>Names of Students</i>	<i>Grade & Section</i>	<i>Prize</i>
1.	<i>Below 10 years</i>	<i>Hita B Poojary</i>	<i>V 'E'</i>	<i>2nd Place</i>
		<i>Manish M</i>	<i>IV 'D'</i>	<i>3rd Place</i>
		<i>Aryan Surya G</i>	<i>III 'B'</i>	<i>6th Place</i>
		<i>Jeevita G</i>	<i>I 'D'</i>	<i>4th Place</i>
		<i>Samanvi Prashanth</i>	<i>III 'A'</i>	<i>1st Place</i>
2.	<i>10 -12 years</i>	<i>Niharika V</i>	<i>VI 'C'</i>	<i>3rd Place</i>
		<i>Akanksha Somashekar Arakeri</i>	<i>VI 'B'</i>	<i>6th Place</i>
		<i>Aditya B</i>	<i>VII 'A'</i>	<i>5th Place</i>
		<i>Ruchitha B Singh</i>	<i>VI 'C'</i>	<i>1st Place</i>
3.	<i>12-15 years</i>	<i>Rakshan Kothwal</i>	<i>VII 'E'</i>	<i>5th Place</i>
		<i>Khushita M C</i>	<i>VI 'C'</i>	<i>4th Place</i>

